

COMPETITION RULES

„Balance“ 2024

Sarajevo, 25.-27. April, 2024.

- Competition „Balance“ 2024 is open competition in classical ballet and contemporary dance for all students of elementary and secondary ballet schools and studios from all over the world.

CONTEMPORARY DANCE

SOLO AND GROUPS

- Participants should not be younger than 12 years old and on date of competition they should not have 19 years. They can apply in categories which are connected with their years of ballet education like it is shown down:

No.	Category	Age
1.	I Category	Students age from 12-14
2.	II Category	Students age from 14-16
3.	III Category	Students age from 16-18

IMPORTANT INFORMATIONS FOR PARTICIPANTS FROM ALL CATEGORIES

- Choreographies should be shown by music from CD.
- Music should not consist text.
- Music also should not consist applause and noises. This music should be sanded with application on email address tanzelarija@outlook.com. You should save music with following data:
 1. Name of school/studio
 2. Category and discipline
 3. Name of choreography
 4. Beginning of choreography (on stage or out of stage).

SCORING:

- Competition is created on selection principle. Participants who successfully finish first part, can take part in second/final part.
- Judge team is selected by council of Organization Tanzelarija.
- Members of jury are exclusively international ballet teachers and dancers.
- Judge team consist: one president and minimum two members and one honorary member of jury.
- In first part, judges are scoring technic and accuracy of dance element which are required and expressiveness and musicality.
- In second/final part judges are scoring expressiveness and dance which follows from using of dance factors. time, strength, path and flow. Beside this judges will score required quality of dance technique, personality of dancer and artistic impression of shown dance.
- Scoring system is made by 100 point system.
- Total score is average of scores given by judges.

Scoring:

91 – 100 points – I price

81 – 90 points – II price 71

– 80 points – III price 61 –

70 points – Accolade

0 – 60 points – Participation.

- We allowed transgression of 30 seconds in time limit.
- If student exceeded time limit, Judge team will refuse 5 points from average score.
- If group or individual student, do not respect dress code, judge team will refuse 5 points.
- Every participant will receive certificate on the end of competition.

REMARKS

- Choreography for first and second part is preparing students with their teacher according to elements and propositions for every each category.
- For second part, choreography consist elements from category in which participant is taking part, but also can consist some elements from older category.
- Choreography in second part should have name and here is allowed to use a prop.
- Choreography in second/final part should have personality, expressiveness and dance which follows from using of dance factors. time, strength, path and flow. Beside this it is required quality of dance technique, personality of dancer and artistic impression of shown dance.
- In first part, participants are dancing exclusively in leggings and leotards.
- In second part, participants are dancing in costumes.

REGISTRATION AND DEADLINES:

- Applications with music should be sanded on email tanzelarija@outlook.com.
- **Deadline for applying is 7.4.2024.**
- In discipline contemporary dance – solo, every participant will pay 30€.
- Data for payment:
Name: Tanzelarija – Organization for the promotion of contemporary dance
Adresse: Kevrin potok 17; 71 000 Sarajevo
Bank: Sparkasse Bank; Zmaja od Bosne 7
IBAN: BA39 1994 99002124 7090
- **Deadline for payment of the fee is 8.4.2024.**

I CATEGORY – GROUP

Group from 4-10 participants

First part of competition:

In this part, participants should show elements of dance techniques in time limit of 2 minutes, which is preparing participant's teacher.

Required elements:

- a) Balance – on multiple points of support – on full foot of supporting leg;
- b) Gesture – simultaneous and successive gestures with leg on 45° aside and in front on extended supporting leg;
- c) Jump – from two legs on two legs with turn of 180° - from one leg on the same leg with turn of 180° - from one leg on other leg with turn of 180° (galop). Required jumps should be perform on same place and through the space;
- d) Turn – crossed turn on 360° on vertical axis of body;
- e) Weight transfer of body – low and high.

Second/final part – Choreography by participants choice, also prepared before competition in time limit of 2,30 minutes.

II CATEGORY – GROUP

Group from 4-10 participants

First part of competition:

In this part, participants should show elements of dance techniques in time limit of 2 minutes, which is preparing participant's teacher.

Required elements:

- a) Balance – half of squat on half toes on both feet – on half toes of supporting leg with vertical axes of body – on full foot of supporting leg (developing of leg on 90° with hand fathom);
- b) Gesture - simultaneous and successive gestures with leg on 90° aside and in front (supporting leg in half squat) - simultaneous and successive gestures with leg on 45° in back on extended supporting leg;
- c) Jump – from one leg on other leg through the space – from two legs on two legs with turn on 360° - little jump and galop with turn of 360°;
- d) Turn – on 180° in direction (“divider”) – on half toes supporting leg around of vertical axes of body on 360°;
- e) Sortie – from half of toes of supporting leg.

Second/final part – Choreography by participants choice, also prepared before competition in time limit of 2,30 minutes.

III CATEGORY – GROUP

Group from 4-10 participants

First part of competition:

In this part, participants should show elements of dance techniques in time limit of 2 minutes, which is preparing participant's teacher.

Required elements:

- a) Balance – labile (on half fingers of supporting leg) – on half fingers of supporting leg in half squat with incline of upper part of body;

- b) Gestures – simultaneously gestures of legs (swing) on extended supporting leg . gestures of leg which is over 90° with incline of body;
- c) Jump – from two legs on one leg with incline of body – from one leg on other leg with turn on 180° - from one leg on the same leg with turn on 360°;
- d) Turn – on 360° in direction (“divider”) – on half of toes on extended leg on 540° around of vertical axes of body;
- e) Drop;
- f) Combination of jump and drop;
- g) Combination of two different turns (every should be on 360°)

Second/final part – Choreography by participants choice, also prepared before competition in time limit of 3,30 minutes.

I CATEGORY – SOLO

In first part participant is showing choreography with elements of dance techniques in time limit of 2 minutes, which should be prepared before starting of competition.

First part of competition:

Required elements:

- a) Balance – on multiple points of support – on full foot of supporting leg
- b) Gesture – simultaneous and successive gestures with leg on 45° aside and in front on extended supporting leg;
- c) Jump – from two legs on two legs with turn of 180° - from one leg on the same leg with turn of 180° - from one leg on other leg with turn of 180° (galop). Required jumps should be perform on same place and through the space;
- d) Turn – crossed turn on 360° on vertical axis of body;
- e) Weight transfer of body – low and high.

Second/final part: Time limit of choreography is 2,5 minutes

II CATEGORY – SOLO

In first part participant is showing choreography with elements of dance techniques in time limit of 2,30 minutes, which should be prepared before starting of competition.

First part of competition:

Required elements:

- f) Balance – half of squat on half toes on both foos – on half toes of supporting leg with vertical axes of body – on full foot of supporting leg (developing of leg on 90° with hand fathom);
- g) Gesture – simultaneous and successive gestures with leg on 90° aside and in front (supporting leg in half squat) – simultaneous and successive gestures with leg on 45° in back on extended supporting leg;
- h) Jump – from one leg on other leg through the space – from two legs on two legs with turn on 360° - little jump and galop with turn of 360°;
- i) Turn – on 180° in direction (“divider”) – on half toes supporting leg around of vertical axes of body on 360°;
- j) Sortie – from half of toes of supporting leg.

Second/final part: Time limit of choreography is 2,5 minutes

III CATEGORY – SOLO

In first part participant is showing choreography with elements of dance techniques in time limit of 3 minutes, which should be prepared before starting of competition.

First part of competition:

Required elements:

- k) Balance – labile (on half fingers of supporting leg) – on half fingers of supporting leg in half squat with incline of upper part of body;
- l) Gestures – simultaneously gestures of legs (swing) on extended supporting leg . gestures of leg which is over 90° with incline of body;
- m) Jump – from two legs on one leg with incline of body – from one leg on other leg with turn on 180° - from one leg on the same leg with turn on 360°;

- n) Turn – on 360° in direction (“divider”) – on half of toes on extended leg on 540° around of vertical axes of body;
- o) Drop;

Second/final part – Choreography by participants choice, also prepared before competition in time limit of 3,30 minutes.